Front Post Double Crochet



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The Front Post Double Crochet (FPdc) stitch is a textured crochet technique that adds raised ridges or columns to your fabric. It's often used in ribbing, cables, waffle stitch patterns, and other designs that require depth and dimension.

If you're comfortable with basic double crochet, the FPdc is a natural next step. Instead of working into the top of the stitch, you crochet around the post (the vertical part of the stitch), which brings the stitch forward and creates a 3D effect.

Beginner's Guide to the Front Post Double Crochet Stitch (FPdc)

Understanding the Crochet FPdc Stitch

In traditional crochet, stitches are worked into the top loops of the previous row. In the FPdc, however, you insert the hook around the front post of the stitch below. This causes the stitch to pop forward, creating texture and structure in your fabric.

It's commonly paired with the Back Post Double Crochet (BPdc) to form ribbed or waffle-like textures. These two stitches together can make reversible fabrics, cables, or raised designs that look complex but are easy to create.

In UK terminology, the FPdc is known as the Front Post Treble Crochet (FPtr).

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Abbreviation

Crochet Stitch Method

1. Yarn over, insert hook front→back→front around post.
2. Yarn over, pull up loop (3 loops).
3. Yarn over, pull through first 2 loops, yarn over, pull through last 2 loops.



Step by Step

Step-by-Step Instructions (US Terms)

1. Yarn over (yo) — wrap the yarn around your hook once.
2. Insert your hook from front to back to front around the post of the next stitch (not through the top loops).
3. Yarn over and pull up a loop - you'll have three loops on your hook.
4. Yarn over and pull through the first two loops.
5. Yarn over again and pull through the remaining two loops.

You've made one Front Post Double Crochet (FPdc)! The stitch should sit raised and textured on the surface of your work.

UK Equivalent

In UK terms, the Front Post Double Crochet (FPdc) is called the Front Post Treble Crochet (FPtr).
The technique is identical — the only difference is in naming convention, as a UK treble crochet equals a US double crochet.

Crochet Stitch Practice Example

Practice Row Example

Try this simple swatch to see the texture form:

1. Chain 16.
2. Row 1: Double crochet (dc) across (14 dc). Turn.
3. Row 2: Chain 2, work 1 FPdc around the next stitch, 1 dc in the next stitch, repeat from to across. Turn.
4. Repeat Row 2 several times to watch the raised ridges develop.

The Front Post Double Crochet (FPdc) is a fundamental textured stitch that adds dimension and visual interest to your projects. Once you understand how to work around the post instead of through the top loops, the possibilities are endless from ribbing to waffle patterns and intricate cables.

Paired with the Back Post Double Crochet (BPdc), this stitch becomes a cornerstone of textured crochet design.

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From November 2026, updated Stouto Creative Crochet PDF patterns are generated using a custom website-based publishing system that I personally developed as a web developer.

This is a purpose-built software system designed to streamline the preparation, layout, organisation and generation of crochet pattern PDFs. It uses structured pattern information and predefined document layouts to produce consistent, clear and professionally formatted documents.

The PDF generation system is not AI-generated and does not use AI to create the crochet patterns or instructions. It is a website system built to improve the presentation, consistency,readability and overall quality of the final PDF product.

The purpose of this system is to provide a better experience for crocheters through clearly organised instructions, consistent formatting and easier-to-follow pattern documents.

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Stouto Creative Crochet is the independent design work of Linda Slabbert. All published patterns, stitch tutorials and supplementary crochet resources are created and maintained with the intention of providing useful, accurate and original crochet guidance.

Thank you for supporting independent crochet design and the work that goes into developing and sharing these resources.

Linda Slabbert
Stouto Creative Crochet
Beautiful crochet made easy.